

NUTRITION ADVISORY COUNCIL

Wednesday, February 10, 2021

David Godshall, Vice Chair, called the Nutrition Advisory Council meeting to order at 9:00 am

Roll Call

Marlene Adelmeyer, Ivan Elm, David Godshall, Patricia Kaholw

Via Phone

Sheila Drays, Olivia Gerritson, Barbara Rich

Also Present

Jackie DeLaRosa, Hannah Rohlinger, Jackie Wendlandt

Absent

Shelli Haipek, Caitlin Richardson

Excused

Carol Schulz

Action on the Minutes of the November 11, 2020 meeting

Pat Kahlow motioned and Marlene Adelmeyer seconded to approve the minutes of the November 11, 2020 Nutrition Advisory Council meeting. Motion carried.

Public Forum

None.

Nutrition Program Reports

- a. Meal Delivery Update: Olivia Gerritson stated that every opening that was available including meal delivery drivers and kitchen helpers has been filled.
- b. Shelf Stable Meals: Jackie DeLaRosa stated that there was additional COVID-19 funding so shelf stable meals were ordered for the 130 meal participants. Each participant received a 30 day supply of shelf stable foods. The committee reviewed the attachments of food items that were delivered. Brief discussion followed.
- c. Watertown Site Back to Hot Meals: Jackie stated that on 2/3 Watertown converted back to hot meals. The site is temporarily being run out of the Hustisford site until a permanent location can be found. There is currently no meal site manager for Watertown so ADRC staff and our float manager have been filling in until a manager is hired. The position was posted. Jackie is actively looking for a Watertown space to be able to secure a permanent site.
- d. LTE Nutrition Program Coordinator: Jackie DeLaRosa stated that the Board approved a full time LTE Nutrition Program Coordinator position to run through 6/30/2021. This individual will help with the day to day operations. The position was offered to Kayla Kleinsteinber and her first day will be 2/22.
- e. Aging Goal/Member Distribution of Meal Pick Up Flyer: Jackie DeLaRosa stated that Kris Schefft and herself have been working with the state to develop goals for the next three years. The currently aging goal of increasing the congregate meals by 10% was stunted by COVID-19 this past year so the state is allowing curbside meal pick up. Committee members reviewed the *Curbside Meal Pick Up* flyer provided. Brief discussion followed.
- f. Dining Center Comments for 4th Quarter: Members reviewed the attached 4th quarter *Dining Center Comments*. Brief discussion followed.

Dining Center Reports

Barbara Rich, Watertown, stated that one Watertown resident wished the meals were frozen again. Ivan Elm, Mayville, suggested to put in a short survey/comment sheet in all home delivered bags for participants to write their thoughts on the meals to try to increase those comments. These comment sheets can then be given back to the driver to be able to return to the site.

Next Meetings

The 2021 meetings of the Nutrition Advisory Council will be held on May 12th, August 11th, and November 10th at 9 am in Room G46 of the Henry Dodge Office Building, 199 County Road DF.

Adjournment

Marlene Adelmeyer motioned and Patricia Kahlow seconded to adjourn this meeting of the Nutrition Advisory Council at 9:36 am. Motion Carried.

Respectfully submitted,

Marlene Adelmeyer, Secretary

Disclaimer: The above minutes may be approved, amended, or corrected at the next committee meeting.

Dining Center Comments

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Dining Center Comments

February	Site	Comments
1	Randolph	Comment made that loved the dessert and the stew was good too
1	Beaver Dam	Pick up participant enjoyed the coconut cream pie
2	Beaver Dam	Mashed potatoes and mushroom/onion gravy was very good
3	Watertown	Participants very excited about receiving hot meals again!
3	Hustisford	Country friend steak was like salsibury steak, it wasn't crispy at all
4	Hustisford	Chicken marsala was very good!
4	Randolph	Comment was made that the chicken yesterday was excellent
8	Hustisford	Pick up participant reported escaloped potatoes and ham were very runny and should be thicker
8	Randolph	Person said brownies are the best
9	Reeseville	Sauce on American potato salad was sour
9	Mayville	New participant liked the menu and enjoyed the chicken
10	Mayville	Participants liked the menu
10	Beaver Dam	Enjoyed the potato salad yesterday!
10	Horicon	Pick up participant loved Swedish meatballs and spice cake. Carrots were overcooked
11	Reeseville	Not too much chicken in my food
12	Reeseville	Veggies were on the hard side
12	Randolph	Person said the reason he was eating was because of the great hamburgers and beans. Person who picked up meal said both he and his wife liked baked beans too
12	Lomira	Hamburger was a nice treat, would like it more often!
15	Beaver Dam	Excellent meal! Loved the pork loin, so tender.
15	Randolph	Resident reports that mashed potatoes are the best!
15	Watertown	Pork loin was super tender and delicious
16	Reeseville	Pot roast was so flavorful and tender. Even veggies were softer
16	Watertown	A good dinner all around
16	Mayville	Participants liked the menu today
16	Randolph	New lady called, she said she is really enjoying the meals
17	Horicon	Loved the fish meal!
17	Watertown	"Nice treat" Sunday Cup! Good fruit
17	Watertown	Fish good, potatoes & fruit good, ice cream fine
17	Randolph	Resident said the fish was fantastic and would love to see romanoff potatoes more often - giving an A+ on the meal today
18	Juneau	All meals are very good.
18	Watertown	Ham xcellent, bean casserole good, cake ok
19	Watertown	Broccoli? Again!
19	Watertown	Honeydew Melon good change!!
19	Watertown	All hot meals are much better than the frozen ones. We like a lot of gravy with meat. Dessert cakes are optional for us.
19	Lomira	Melon was hard.
19	Randolph	Resident said she loves spinach lasagna, wishes they had it more often.
22	Lomira	Chicken teriyaki - nicely done
22	Hustisford	Potato was rotten on inside could not eat
23	Horicon	Chilli casserole too spicey
23	Lomira	Don't like noodles in pasta especially elbow macaroni's, I made chilli and added noodles later not macaroni
24	Reeseville	Carrots in carrot salad were hard. Chicken was very good!
24	Horicon	Copper Penny Salad was too sour for me
24	Beaver Dam	Baked chicken was nice and moist
24	Hustisford	Chicken was hot and good!
24	Mayville	very good food & deliveries
24	Lomira	My Favorite! Baked chicken always cooked to perfection :-)
24	Lomira	Loved pickled carrots! :-)
24	Lomira	you did a good job on steak, beef and pork
25	Randolph	A couple people said the meal was really good, especially the meat
25	Hustisford	Your people are very nice and uplifting to people who stay in. A smile goes a long way and brings some happiness to the day. They are wonderful.
25	Mayville	less potatoes and more rice
26	Horicon	don't like seeds in bread. Rice is dry. Sometimes broccoli califlower are mushy. Wish the meatballs were plain I could put on what I like. Otherwise, I like all my meals!
26	Lomira	Mac & Cheese - better than expected
26	Hustisford	Mac & cheese nice change good!
26	Lomira	The only food I have a problem with is the fresh fruit because my teeth are very bad. Overall, I'd give the program a grade of "A".

Dining Center Comments

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